



Data Informs Decision to Add Mental Health Personnel

When anecdotal observations indicated a need for additional mental health resources, Marine Corps Security Forces (MCSF) approached us to help determine average clinic wait times for MCSF personnel seeking mental health care. The hope was to build a case for additional staffing and improve access to care. The question was what the data would show.

We examined mental health wait times and explored parameters like clinic, unit, age, sex, rank, and service branch. We analyzed wait times from a few different angles, such as referral date, appointment made date, and appointment date.

The results highlighted longer wait times in specific segments of the population and clinics. This information allowed MCSF to compare their anecdotal observations with quantitative evidence and justify hiring a civilian psychologist to support mental health care.

For more information on this project or to submit a project request, contact: usn.hampton-roads.navmcpubhlthcenpors.list.nmcphc-haprojreg@mail.mil

